

COURSE GUIDE



TERM 4 2021



**WARRAGUL
COMMUNITY
HOUSE**

www.warragulcommunityhouse.org.au



SOCIAL GROUPS



LIFESTYLE COURSES



EMPLOYMENT PATHWAYS



SOCIAL GROUPS

Whether you're keen to learn a new skill or develop skills you're already passionate about, connect with others who share your interests or simply want to broaden your social circle, we host a number of friendly, welcoming and relaxed special interest social groups here at the house. All welcome!

Room Hire

We have five spaces available for hire at affordable rates for not-for-profit, business and community groups. Please visit our website, or call the office on 03 5623 6032 for enquiries and bookings.

Ask us about our laptops for loan, assistance with technology, Tax Help program, emergency food relief and bathroom and laundry facilities available for use.

How to book: - phone or visit Warragul Community House, 138 Normanby Street, Warragul on 56 23 6023 or find the class www.warragulcommunityhouse.org.au and book on-line.

Adult ASD Friendship Group

Date/Time	Tuesdays from 5th Oct 9.30 to 10.30am
Cost	Free
Description	For adults on the spectrum looking for social interaction and contact with others. Join in conversation, board/card games and maybe visit a local café.

Be Connected Computer Workshop

Date/Time	Thursdays from 7th Oct 9.30am - 10.30am or 11.00am - 12.00pm
Cost	\$10 per term
Description	Join this session to get support so you can develop your confidence with computers.

Book Club -

Date/Time	2nd Thursday of each month, from 14th Oct 11.00am - 1.00pm
Cost	\$3 per person, per session
Description	Our lovely book club meets once a month to discuss and explore a wide range of literature. Feel free to come along.

Bridge Club

Date/Time	Wednesdays from 6th Oct 1.00pm - 4.00pm
Cost	\$3 per person, per session
Description	Join our friendly group and make new Bridge friends.

Creative Writing Workshop

Date/Time	Fridays from 8th Oct 10.00am - 12.00pm
Cost	\$3 per person, per session
Description	Do you enjoy writing stories and / or poetry? Our small group meets weekly and invites you to join us, to share and gain new ideas that will excite your creative passion.

Dads in Distress Support Group

Date/Time	Thursdays from 7th Oct 7.30pm - 9.30pm
Cost	\$3 per person, per session
Description	A support group for dads helping dads stay relevant and active in their kids' lives after separation.

Golden Girls Warragul: Women Over 50 Social Group

Date/Time	Wednesdays from 6th Oct 11.00am - 12.30pm
Cost	\$3 per person, per session
Description	Come and join this lively group who meet at local cafes. This group offers a great opportunity to meet others and chat over a cuppa! Contact Warragul Community House to register.

Golden Girls Drouin: Women Over 50 Social Group

Date/Time	Tuesdays from 5th Oct 10.00am - 11.30am
Cost	\$3 per person, per session
Description	Join this group for some friendly interaction, great company and a cuppa! Contact the House to register. This group meets at different venues each week.

Golden Girls Trafalgar: Women Over 50 Social Group

Date/Time	Tuesdays from 5th Oct 10.30 to 12pm.
Cost	\$3.00 per person, per session
Description	Come and join this new group - friendly interaction, good company and the chance to have a laugh with others. Contact WCH to register. This group meets at different venues each week.

Grief Support Group

Date/Time	Fourth Wednesday of each month from 27th Oct 7.30pm - 9.30pm
Cost	Free
Description	Compassionate Friends Victoria offer support for those who are experiencing grief due to the loss of a child. This group offers a listening and understanding ear with others experiencing grief.

Knitting & UFP's (unfinished projects)

Date/Time	Mondays from 4th Oct 10.00am - 12.00pm
Cost	\$3 per person, per session
Description	Join other craft enthusiasts and learners. Bring along your own projects or start something new. Have a chat, share skills and friendship. Everyone welcome!

Rainbow Support group for Young people 15 - 25

Date/Time	2nd & 4th Sundays from 10th Oct 7.30pm - 8.30pm
Cost	\$3 per person, per session
Description	A safe, friendly and supportive space to share, for the LGBTIQ community to make new connections and help reduce loneliness and isolation. Facilitated by qualified Youth and Social Workers from Positive Minds Gippsland.

Multicultural Friendship Group

Date/Time	Wednesdays from 6th Oct 10.30am - 12.30pm
Cost	Free
Description	We invite people from all cultural backgrounds to come together each week for an informal catch up. This may involve anything from a simple cuppa and a chat, some English language practise, information sessions or an outing in the town. Kids welcome!

Painting Studio Social Group

Date/Time	Thursdays from 7th Oct 9.00am - 11.00am
Cost	\$3 per person, per session
Description	Warragul Community House is offering it's art space as a venue to bring budding painters together. If you are chasing the discipline of practice and don't have the space to paint at home, use ours! Bring your own materials and get to work! Tea and coffee supplied.

Sing Your Heart Out!

Date/Time	Tuesdays from 5th Oct 3.00pm - 4.00pm x 8 weeks
Cost	\$3 per person, per session
Description	Enjoy singing? Come and join others for a general singalong, put a smile on your face and make sweet harmony!

Spinning, Weaving & Wool Group

Date/Time	2nd Saturday of each month from 9th Oct 10.00am - 2.00pm
Cost	\$5 per person, per session
Description	This group is open to anyone who wants to to spin, weave, knit or crochet. People of all abilities welcome! The group help each other and work exclusively with natural fibres.

Stroke Support Group

Date/Time	Every 1st & 3rd Tuesday of each month 1.00pm - 3.00pm
Cost	\$3 per person, per session
Description	Recovering from a stroke? Join our supportive, informative and friendly group! All ages and stages of recovery and adaptation are welcome. Share strategies and enjoy the company of others who understand.

Walking Group

Date/Time	Thursdays from 7th Oct 9.30am - 10.30am
Cost	Free
Description	Lace up your walking shoes and join others for a walk and friendly chat around the local area. Register through the house so we can tell you where to meet.

Poetry of the heart - exploring words of wisdom

Date/Time	1st Friday of each month from 1st Oct 10am - 12pm
Cost	\$3.00 per person, per session
Description	Be inspired! Join this discussion group to share and explore timeless inspirational quotes from philosophical, spiritual and literary traditions. Explore how words of wisdom provide instructive guidance and bring solace and comfort to your life. Bring a quote to share or just listen. Take with you an increased repertoire of wise quotes to nourish mind, heart and spirit.

Tax Help

Date/Time	Tuesdays 9 - 3pm, Thursdays 9 - 12.00pm. By appointment.
Cost	Free
Description	At tax time you can get free help with your tax. Our Tax Help service is for people on low incomes (around \$60,000 or less a year). If you need help completing your tax return, our trained volunteer may be able to help you.

EDUCATIONAL PATHWAYS



COACHING



TEACHING



KNOWLEDGE



DEVELOPMENT



LEARN



EXPERIENCE



SKILLS

Easy Steps to Computers for Beginners

Date/Time Wednesdays 13th Oct 9.30am - 12.30pm or 1.15pm - 4.15pm x 7 weeks

Cost \$50

Description This beginners course will get you up-and-running with the basics! It will give you lots of confidence. It shows you how to find your way around a computer screen, understand hardware and software, use the mouse and identify icons. It also covers file & folder management, internet and email browsers & search engines and includes the basic functions of Microsoft Word and Microsoft Excel.



KNOWLEDGE



Intermediate Computers for Work & Home

Date/Time Mondays 11th October 9.30am - 12.30pm x 7 weeks

Cost \$50

Description This intermediate course is for those wanting to gain a deeper understanding of computer use for work, study and home! A pre-requisite is our Easy Steps to Computers for Beginners course or some working familiarity with the basics. You will explore an in-depth study of Microsoft Word and Excel applications along with some aspects of cloud computing.



SKILLS



Digital Matters - Living in the Digital World

Date/Time Mondays 25th October 1.30pm - 3.30pm x 4 weeks

Cost \$50

Description This class is for people who would like to learn about using technology. You will learn how to set up your device, connect with Wi-Fi and undertake web searches and more. Become more confident in searching online for leisure, employment or study. You can investigate social media platforms such as Facebook, and learn how to connect and catch-up with others using Zoom.



SKILLS



Let's Learn English!

Date/Time Fridays 8th October 12.45pm - 2.45pm x 8 weeks

Cost \$50

Description Learn and practise using English in everyday life! Suitable for people speaking a language other than English. Classes are tailored to learner needs and abilities.



KNOWLEDGE



RESKILL RETHINK RESULTS

If you are doing a course to up-skill for work, get a job, or to get into another course of study, you may be eligible for ACFE funding, which makes most courses just \$50.

Upskill for a Career in Customer Service and Retail

Date/Time Wed 6 Oct & Friday 8 Oct running for 11 sessions (ending on Wed 10 Nov). 9.30am - 3.00pm x 6 weeks in Drouin

Cost \$50

Description Want to develop some extra skills for working in a customer service and retail environment? Learn great customer service strategies and how to maximise sales opportunities while developing team skills and increasing confidence. Ideal for those new to the workforce or those returning after time away.



KNOWLEDGE



Women In the Workforce

Date/Time Thurs 21st & Fri 22nd Oct 9.30am- 3.00pm x 4 weeks in Longwarry

Cost \$50

Description This practical course is tailored to those who are entering workforce for the first time or returning after a break. Our tutor Chris, will help you build the job seeking and people skills needed to confidently engage in the workforce. You'll leave with an updated resume and connections to job skills organisations.



DEVELOPMENT



Feed Your Brain

Date/Time Wed 20th Oct 9.30 to 1.30 x 6 weeks

Cost \$50

Description Join Sharon as she teaches you how to make a delicious, cost effective and easy lunch - which you will get to eat too! You'll learn about food budgets, finding nutritious ingredients, how to vary recipes and presentation of food. Food + Money + Team work = hospitality skills!



LEARN



Mens' Kitchen

Date/Time Mon 11th October 5.00pm to 8.00pm x 6 weeks.

Cost \$20

Description Brush up your cooking skills and share a meal with others. Our Men's Kitchen is looking for blokes who like to cook a healthy dinner and take home the leftovers. No experience necessary, but a sense of humour is very welcome! We'll do a bit of safe food handling and budget. Relaxed and easy going class.



DEVELOPMENT



Eligibility for ACFE funding:

Students must be undertaking the course to upskill for work, get a job, or to get into another course of study. Students must hold permanent residency/citizenship. Non-subsidised rate: 30 hours of study: \$300 / 20 hours of study: \$200





LIFESTYLE COURSES

Our lifestyle courses cover a range of special interest areas in the creative arts, humanities, technology and wellbeing. Come and learn a new skill or deepen your understanding of a topic in these fun, friendly and engaging classes!

Basic car maintenance

Date/Time Saturdays 9th Oct 9.30am - 10.30am x 4 weeks
Cost \$50 or do both courses for \$70
Description A class designed to give you the understanding and confidence to perform the important weekly checkups of your vehicle. Our experienced tutor, Michael Klein, will explain your car's inner workings in an easy going environment.

Advanced car maintenance

Date/Time Saturdays 6th Nov 9.30am - 10.45am x 4 weeks
Cost \$50 or do both courses for \$70
Description Following on from our Basic course, these classes will be a mix of theory and practise exploring the carburettor, fuel injection systems, ignition systems, electrical systems, braking, suspension and steering systems, manual and automatic gearboxes and how to tune your car.

Bahn Mi - Vietnamese cuisine

Date/Time Saturday 23rd Oct 10.30am - 2.30pm
Cost \$90 full /\$80 conc.
Description Learn how to make your own Bahn Mi, in a French baguette. A Vietnamese savoury staple that has generated a cult following world-wide. Using pate, Viet mayo, pickled carrots and other scrumptious fillings, for a delicious Vietnamese sensation of flavours and textures.

Christmas Gifts - Decorated Cookies

Date/Time Monday 22nd Nov 10.30am to 12.30pm
Cost \$40 full /\$35 conc.
Description Learn the tips and tricks on making and decorating that perfect cookie. You will learn how to wrangle a cookie cutter, use fondant and mix marble fondant. The skills you learn can be used to create some delightful Christmas gifts for family and friends. Just add a red ribbon and voila!

Decorating Christmas Cakes

Date/Time Monday 8th Nov 12.30pm to 2.30pm
Cost \$40 full / \$35 conc.
Description A Christmas Cake decorated by yourself is something to be super proud of! Sharon will teach you the correct icing and techniques to create a delightful cake to share when you host Christ drinks at your place. Bragging rights!

Free Your Spine with Feldenkrais

Date/Time Thursdays 21st Oct 9.30am - 10.30am x 6 weeks
Cost \$90 full / \$80 conc.
Description Wake up your spine! Gain flexibility to help with ease in sitting, standing, bending, turning and walking. Guaranteed to improve the quality of your life! Feldenkrais is a gentle exercise therapy devised during the mid 20th century to reorganise connections between brain and body to improve body movement and psychological state.

How to book: - phone or visit Warragul Community House, 138 Normanby Street, Warragul on 56 23 6023 or find the class www.warragulcommunityhouse.org.au and book on-line.

Gentle Yoga

Date/Time Option 1. Monday 18 Oct 1.30pm - 3.00pm x 6 weeks
Option 2. Fridays 21st Oct 1.30pm - 3.00pm x 6 weeks

Cost \$130 full / \$120 conc.

Description Gentle Yoga is a safe and pleasurable way to develop greater ease of movement, increase strength and relieve stress. Your one and a half hour classes include both floor and standing work. Each class includes a short breathing practice, meditation and concludes with relaxation. Talk to us about equipment needed and our loan system.

Guitar - Beginners

Date/Time Weds 13th Oct 6.00pm - 7.00pm x 8 weeks

Cost \$115 full / \$105 conc.

Description Learn the basic building blocks of music, and guitar while being engaged and having fun. Students learn to play their songs of choice, extend their knowledge at their own pace and achieve their personal goal. Learn from a passionate fun loving teacher, who brings over 30 years of experience playing a 6 and 12 string guitar, and has performed in a band and as a solo vocalist.

Guitar - Next Level

Date/Time Wed 13th Oct 7.00pm - 8.00pm x 8 weeks

Cost \$115 full / \$105 conc.

Description Can you play a bit already? Able to read chords? Come along to this Guitar next level course and play together with others. Music is a great way to enjoy the company of others, increase the fun in your life, learn playing skills and hear some performance hints! Guitar + people + tutor = enjoyment

Italian

Date/Time Wednesdays 13 Oct 6.00pm - 7.30pm x 8 weeks

Cost \$150 full / \$140 conc.

Description Buongiorno! Learn Italian! Practise both oral and written elements of Italian. This course aims to provide you with a foundation in Italian. Suitable for both beginners and those with some experience.

Caffe in Italiano - practice your Italian conversation

Date/Time 1st Sunday of each month from 3rd Oct 9.30am to 11.00am

Cost \$3.00

Description Practice your knowledge of the Italian language in a relaxed and supportive real life settings. Held in local cafés and facilitated by our Italian tutor.

Painting & Drawing - Beginning

Date/Time Fridays 15th Oct 10am - 12pm x 7 weeks

Cost \$160 full / \$150 conc.

Description Learn a range of watercolour techniques to begin your art practice. Materials list available on enrolment. Approximate cost of materials is \$120. This class is held at Nilma North Hall.

Painting & Drawing - Developing

Date/Time Fridays 15th Oct 1.00pm - 3.00pm x 7 weeks

Cost \$160 full / \$150 conc.

Description Have a little bit of drawing and painting experience? This is the class for you! Materials list available on enrolment. Approximate cost of materials is \$120. This class is held at Nilma North Hall.

Drones - Introductory

Date/Time Thursdays 21st Oct 1.30pm - 4.30pm x 3 weeks

Cost \$180 full. No conc.

Description Gain a basic level of competency based on CASA's rules and regulations for recreational flying. Excellent course for anyone needing a birds eye view - farmers, real estate, landcare, photographers etc. Bring your own drone if you have one or use one of ours.

Drones - Advanced

Date/Time Thursdays 18th Nov 1.30pm - 4.30pm x 3 weeks.

Cost \$180 full. No conc.

Description This course aims to extend the skills developed in the Drones-Introductory Course. The course will teach you how to develop your in-flight technique, how to work with flight modes, and discover tips and tricks about the amazing video and photo capabilities that drones have! Participants must have a basic level of competency with a drone.

Money for Life

Date/Time Thurs 4th Nov 12.30pm - 3.00pm x 3 weeks

Cost \$105 full. \$95 Conc.

Description Money matters to all of us and being a smart money manager is not that hard! Binita has lots of experience in financial literacy and over the 9 hours will work with you on day to day budgeting and planning for a rainy day. Bring your money box - nah, only kidding!

Positive techniques for positive change- by men for men

Date/Time Mon 18th Oct 5.30pm - 6.30pm x 4 weeks

Cost \$112 full / \$92 conc.

Description Start the conversation to achieve greater wellbeing and stronger mental health. Learn positive and constructive techniques to develop positive thinking habits to reset your path. You will use relaxation techniques to restore energy and provide clarity. Led by an experienced and understanding mentor and peer supporter.

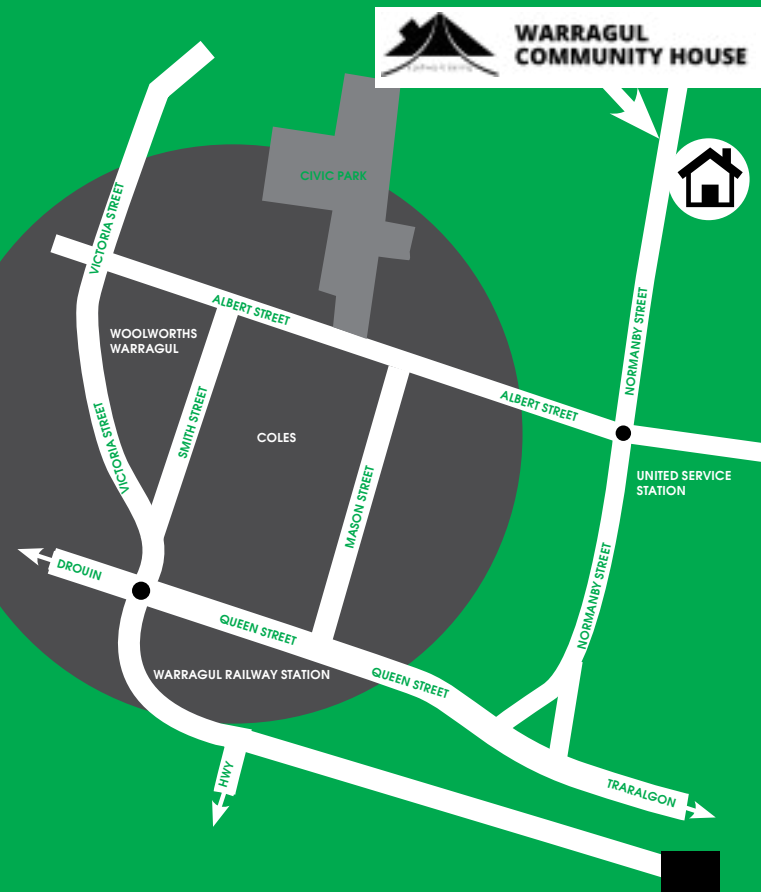
CONTACT US

Reception/Office:
Monday to Friday, 9.00am to 4.30pm

 **Warragul Community House**
138 Normanby Street
Warragul

 03 5623 6032

 office@wchouse.org.au



Follow us on social media

 **Warragul Community House**

 **@warragulcommunityhouse**

How to enrol & pay for classes

Online: www.warragulcommunityhouse.org.au
In person: **138 Normanby Street, Warragul**
Phone: **(03) 5623 6032**

Cancellations and Withdrawals

Classes that are not fully booked may need to be cancelled. By registering your interest, and enrolling in advance, classes will have a better chance of going ahead.

If Warragul Community House cancels a class, you will get a refund via card or direct bank deposit.

If you withdraw from a class more than 5 working days before the advertised starting date, and you have notified the house, a refund via card or direct bank deposit.

No refund will be given if you withdraw less than 5 working days before the advertised course start day.



Meet Our Tutors!

You can read all about our knowledgeable, friendly and passionate tutors on our website!

www.warragulcommunityhouse.org.au

For further information visit our website
www.warragulcommunityhouse.org.au