

WARRAGUL COMMUNITY HOUSE COURSE GUIDE

TERM 1 FEB 1ST – APRIL 1ST



a pathway to learning

Reception/Office:
Monday to Friday, 9.00am to 4.30pm

Enrol Online, in person or phone
at:
138 Normanby Street Warragul
56 236 032

www.warragulcommunityhouse.org.au

Ask us about our FREE programs: laptops for loan, assistance with technology, Tax Help program, emergency food relief and bathroom and laundry facilities available for use.



LIFESTYLE
COURSES



Basic Car Maintenance

Date/Time Saturdays 6 February
9.30 am - 10.30 am x 4 weeks

Cost \$50 or do both courses for \$70

Description This class is designed to give you the understanding and confidence to perform the important weekly checkups of your vehicle.

Advanced Car Maintenance

Date/Time Saturdays 6 March
9.30 am - 10.45 am x 4 weeks

Cost \$50 or do both courses for \$70

Description A mix of theory and practical sessions exploring how to tune your car and much more!

Cooking Under Pressure - Chutney, Relishes and Marinades!

Date/Time Wednesday 10 February
10.30 am - 12.30 pm

Cost \$50 full / \$40 conc

Description Make a sweet mouth-watering marinade, relish or chutney.

Pressure Cooking - Curries!

Date/Time Wednesday 17 March
10.30 am - 12.30 pm

Cost \$50 full / \$40 conc

Description Learn tips and techniques with pressure cooking to make a delicious curry!

Drones Fundamentals!

Date/Time Thursdays 18 March
9.30 am - 12.30 pm x 3 weeks

Cost \$120 full / \$110 conc

Description Gain a basic level of competency based on CASA's rules and regulations for recreational flying. Bring your own drone if you have one.

Feldenkrais ONLINE

Date/Time Thursday 18 February
11.00 am - 12.00 pm x 6 weeks

Cost \$90 / \$80 conc

Description Want to improve your movement for better functioning in everyday life? This class will be held ONLINE via Zoom.
Need computer equipment?
Speak to us about our loan system.

Fresh Start - Weight Loss for Healthy Living

Date/Time Thursdays 25 February
1.30 pm - 3.00 pm x 6 weeks

Cost \$110 full / \$100 conc

Description Stay motivated and gain support whilst you manage your weight and improve your health!

Gentle Yoga

Date/Time Fridays 19 February
12.45 pm - 2.00 pm x 6 weeks

Cost \$110 / \$100 conc

Description Develop greater ease of movement, increase strength and relieve stress. Talk to us about equipment needed and our loan system.

Introduction to Windows 10

Date/Time Tuesdays 2 February
11.00 am - 1.00 pm x 8 weeks

Cost \$150 full / \$140 conc

Description Want to know more about Windows 10 operating system? Bring your own laptop with Windows 10 installed or use one of our computers.

Italian

Date/Time Wednesday 3 February
6.00 pm - 8.00 pm x 8 weeks

Cost 150 full / 140 conc

Description Practise both oral and written elements of Italian. Suitable for both absolute beginners and those with some experience.

Painting & Drawing Beginning

Date/Time Fridays 5 February
10.00 am - 12.00 pm x 8 weeks

Cost \$150 full / \$140 conc

Description Learn a range of watercolour techniques to begin your art practice. Materials list available on enrolment. Approximate cost of materials is \$120. This class is held in the Nilma North Hall.

Painting & drawing Developing

Date/Time Fridays 5 February
1.00 pm - 3.00 pm x 8 weeks

Cost \$150 full / \$140 conc

Description Have a little bit of drawing and watercolour experience? This is the class for you! Materials list available on enrolment. Approximate cost of materials is \$120 for new learners. This class is held in the Nilma North Hall.

Tips for Better Mental health

Date/Time Thursdays 4 February 5.30 pm - 6.30 pm x 7 weeks

Cost \$112 full / \$92 conc

Description Learn constructive techniques and thinking strategies that help increase your mental health and general wellbeing. Led by an understanding and experienced practitioner.

Yummy Dumplings, Wontons and Sui Mai!

Date/Time Saturday 27 February 10.30 am - 2.30 pm

Cost \$90 full / \$ 80 conc

Description Experiment with different foldings and cooking techniques to make the most scrumptious, yummy dumplings!



EDUCATION PATHWAYS



Count Me in 4 Everyday Maths

Date/Time Mondays 1 February
12.30 pm - 2.30 pm x 8 weeks

Cost \$50

Description Fearful and uncertain how to use maths in everyday living? This course is great for anyone wishing to 'fill in the gaps' to their maths understanding!

Easy Steps to Computers - Beginner Level

Date/Time Wednesday 10 February 9.30 am - 12.30 pm or 1.15 pm - 4.15 pm x 7 weeks

Cost \$50

Description We will lead you step-by-step through basic computer use and function including an introduction to Microsoft Word and Excel.

Digital Literacy for Work & home - Intermediate Level

Date/Time Mondays 8 February
9.30 am - 12.30 pm or 1.15 pm - 4.15 pm x 7 weeks

Cost \$50

Description Further your digital know-how for work, study or home! This is a post beginner course for those wanting to engage in a more in-depth study of Microsoft Word, Excel and Cloud applications.

Digital Matters - Live, Learn & Work in the Digital World.

Date/Time Tuesdays 16 February
2.00 pm - 3.15 pm x 7 weeks

Cost \$50

Description You will learn how to set up your devices, connect to WiFi, use search engines to look for employment, promote a business or connect with family and friends and much more!

Let's Learn English!

Date/Time Fridays 5 February 12.30 pm - 2.30 pm x 8 weeks

Cost \$50

Description This course is particularly suitable for people who speak an additional language other than English. Classes are tailored to learner needs and abilities.



Eligibility for ACFE funding:

Students must be undertaking the course to upskill for work, get a job, or to get into another course of study. Students must hold permanent residency/citizenship.

Upskill for a Career in Customer Service and Retail

Date/Time Mondays and Fridays from 15 February 9.30 am - 2.30 pm x 6 weeks.

Cost \$50

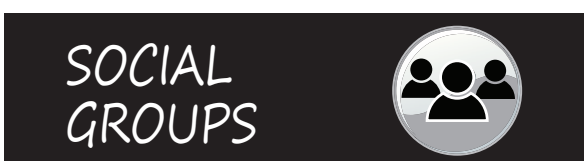
Description Learn to upskill for the retail sector and how to apply great customer service? Ideal for entry level to the workforce or those who have been out of the work for a while.

Women in the Workforce

Date/Time Fridays 5 February 9.30am - 3.00 pm x 8 weeks in Longwarry

Cost \$50

Description Been away from work due to raising a family, career change, loss of job, or other reasons? This practical course focuses on preparing women for job seeking and employment.



Our Social Groups are \$3 per person unless indicated otherwise.

Adult ASD Support Group

Date/Time Thursdays from 4 February 1.30 - 2.30 pm

Be Connected Computer Workshop (Free)

Date/Time Thursdays from 4 February 9.30 am - 10.30 am or 11.00 am - 12.00 pm

Description Join this session to get support so you can develop your digital skills and confidence with computers.

Book Club

Date/Time 2nd Thursday of the month, from 11 February 11.00 am - 1.00 pm

Bridge Club

Date/Time Wednesdays from 3 February 1.00 pm - 4.00 pm

Community Board Games

Date/Time Tuesdays from 2 February 1.00 pm - 2.30 pm

Creative Writing Workshop

Date/Time Fridays from 5 February 10.00 am - 12.00 pm

Dads in Distress Support Group

Date/Time Thursdays from 4 February 7.30 pm - 9.30 pm

Garden Chats and Visits (Free)

Date/Time Last Tuesday of each month

Golden Girls - Women Over 50 Social Group

Date/Time Wednesdays from 3 February 11.00 am - 12.30 pm

Talk to us about our new group starting in Drouin.

Grief Support Group (Free)

Date/Time Every fourth Wednesday 7.30 pm - 9.30 pm

Knitting & UFP's

Date/Time Mondays from 1 February 10.00 am - 12.00 pm

LGBTIQ+ Support Group for Young People 15-25

Date/Time Fridays from 5 February 6.00 pm - 8.00 pm

Miniature Makers Club

Date/Time 1st Friday of each month 1.00 pm - 4.00 pm

Multicultural Friendship Group (Free)

Date/Time Wednesdays from 3 February 10.30 am - 12.30 pm

Painting Social Group

Date/Time 3rd Thursday of each month

Spinning, Weaving & Wool Group (\$5 per person, per session)

Date/Time Second Saturday of each month 10.00 am - 2.00 pm

Stroke Support Group

Date/Time Every 1st & 3rd Tuesday from 2 February 1.00 pm - 3.00 pm

Walking Group

Date/Time Thursdays from 4 February 9.30 am - 10.30 am

WARRAGUL COMMUNITY HOUSE IS PROUDLY SPONSORED BY

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