

WARRAGUL COMMUNITY HOUSE COURSE GUIDE

TERM 2 APRIL 26 – JUNE 24

Book online at www.warragulcommunityhouse.org.au



LIFESTYLE COURSES



Car Maintenance - Basic and Advanced

Date/Time Basic - Saturdays 30th April 9:30am - 10:30am x 4 weeks.
Advanced - Saturdays 28th May 9:30am - 10:45am x 4 weeks*

Cost \$50 or do both courses for \$70

Description Learn about the inner workings of your car.

Birthday Cakes

Date/Time Monday 20th June 1pm to 3pm

Cost \$50 full / \$45 conc

Description Learn tips and tricks for making and decorating delightful birthday cakes for friends and family.

Mother's Day Decorated Cookies

Date/Time Monday 2nd May 9:30am to 12pm

Cost \$50 full / \$45 conc

Description Learn techniques to decorate some cookies for your family get together!

Free Your Body with Feldenkrais

Date/Time Thursdays 5th May 9:30am - 10:30am x 6 weeks

Cost \$90 full / \$80 conc

Description Gain flexibility for easier movement in this gentle, mindfulness way of moving. Bring a mat and a cushion.

Gentle Yoga

Date/Time Fridays 6th May 1.30pm - 3pm x 6 weeks

Cost \$130 full / \$120 conc

Description Develop greater ease of movement through Yoga. Bring your own mat and blanket.

Guitar - Beginners

Date/Time Wednesdays 4th May 6pm - 7pm x 8 weeks

Cost \$115 full / \$105 conc

Description Build the basic building blocks to guitar while having fun!

Guitar - Next Level

Date/Time Wednesdays 4th May 7pm - 8pm x 8 weeks.

Cost \$115 full / \$105 conc

Description Can play a bit already? Learn some extra skills to take you to the next level!

Italian

Date/Time Wednesdays 4th May 6pm - 7:30pm x 6 weeks

Cost \$130 full / \$120 conc

Description Want to learn Italian! Suitable for beginners as well as those with some experience.

Caffe in Italiano - practice your Italian conversation

Date/Time 1st Sunday of each month from 1st May 9:30am to 11am

Cost \$3

Description Already speak some Italian? Ph 5623 6032 to register to join our Cafe monthly conversation sessions at a local cafe.

Painting & Drawing - Beginning and Developing

Date/Time Fridays 29th April 10am - 12pm x 7 weeks

Cost \$160 full / \$150 conc

Description Work at your own level using any medium you like! Bring a 2B pencil, paper, eraser, sharpener, a brush or two, and whatever medium or paints you want to use. This class is held at Nilma North Hall.

Drones - Introductory

Date/Time Thursdays 5th May 1.30pm - 4.30pm x 3 weeks

Cost \$180 full. No conc

Description Gain a basic level of competency based on CASA's rules and regulations for recreational flying. Bring your own drone or use one of ours.

Money for Life

Date/Time Thursdays 2nd June 1- 3.30pm x 3 weeks

Cost \$105 full / \$95 Conc

Description Money matters to us all! Learn some basic budgeting and planning for a rainy day!

Patchworking

Date/Time May 21st and 28th & June 4th 10am -12:30pm

Cost \$120 full / \$110 conc

Description Beginners, join us for some patch-working! You'll be amazed at what you can do!

Meditation

Date/Time May 5th Thursdays 7:30pm to 8:30pm x 7 weeks

Cost \$100 full / \$90 conc

Description Experience the life-changing benefits of a peaceful mind that mindfulness breath meditation can bring. Led by an experienced teacher and practitioner.

Positive Techniques for Positive Change

Date/Time Tuesdays 17th May 6.30pm - 7:30pm x 6 weeks

Cost \$90 full / \$80 conc

Description Want to achieve greater wellbeing and stronger mental health? Learn some techniques from our experienced and understanding peer supporter and tutor.

EDUCATION PATHWAYS



Easy Steps to Computers for Beginners

Date/Time Wednesdays 4th May 9:30am - 12:30pm or 1:15pm - 4:15pm x 7 weeks

Cost \$50

Description A beginners course for those wanting to gain confidence in using a computer. Includes basic functions of Microsoft Word and Excel.

Digital Matters - Living in a digital world!

Date/Time Thursdays 5th May 2pm - 4pm x 4 weeks

Cost \$50

Description This class is for anyone who wants to become more familiar with basic digital technology in every day use. Learn how to use your device, search the web and use Zoom to connect with others.

Intermediate Computers for Work & Home

Date/Time Thursdays 5th May 10:30am - 1.30pm x 7 weeks

Cost \$50

Description You will need some basic familiarity with computers. This course covers an in-depth study of Microsoft Word and Excel applications along with an introduction to cloud computing.

Let's Learn English!

Date/Time Friday 29th April, then Mondays 2nd May 1pm - 3pm x 7 weeks

Cost \$50

Description Learn and practise using English in everyday life! Suitable for people speaking a language other than English. Classes are tailored to learner needs and abilities.

Upskill for a Career in Customer Service and Retail

Date/Time Mondays and Fridays from 9th & 13th May x 4 weeks 9:30am - 3pm

Cost \$50

Description Develop skills to work confidently in customer service and retail. Ideal for those new to the workforce or who have been returning after time away.

Cafe 138 - Introduction to Hospitality!

Date/Time Mondays 9th May 9:30 to 1pm x 6 weeks

Cost \$50

Description Learn about cost effectiveness and cooking nutritious food. Hospitality skills included.

Women In the Workforce

Date/Time Thursdays and Fridays 2nd June 9:30am- 3pm x 4 weeks in Longwarry

Cost \$50

Description Build your job seeking and people skills needed to confidently engage in the workforce.

Men's Kitchen

Date/Time Mondays 9th May 5pm to 8pm for 6 weeks.

Cost \$20

Description Enjoy learning some basic cooking skills with others. Experience not essential but sense of humour an advantage!

Eligibility for ACFE funding:

Students must be undertaking the course to upskill for work, get a job, or to get into another course of study. Students must hold permanent residency/citizenship.

SOCIAL GROUPS



Substance Abuse Support Group (ACSO)

Date/Time Every 2nd and 4th Tuesday of the month from 10th May 6pm - 8pm

Cost Free

Description For family members and significant others dealing with a loved one's substance abuse.

Adult ASD Friendship Group

Date/Time Tuesdays 2pm to 3pm

Cost Free

Be Connected Computer Workshop

Date/Time Thursdays from 5th May 9:30am - 10:30am

Cost Free

Description Join this class to get support so you can develop your confidence with computers. This course is for those new to computers.

Book Club

Date/Time 2nd Thursday of each month, from 12th May 11am - 1pm

Cost \$3 per person, per session

Bridge Club

Date/Time Wednesdays from 4th May 1pm - 4pm

Cost \$3 per person, per session

Creative Writing Workshop

Date/Time Fridays from 6th May 10am - 12pm

Cost \$3 per person, per session

Golden Girls Warragul: Warragul, Drouin, Trafalgal Women Over 50 Social Group

Date/Time 10:30am to 12 noon

Cost \$3 per person, per session or \$21 for the whole term

Warragul : Wednesdays from 4th May 11am - 12:30pm
Drouin: Tuesdays from 3rd May 10am - 11.30am
Trafalgar: Tuesdays from 3rd May 10.30 to 12pm.

Grief Support Group

Date/Time Fourth Wednesday of each month from 25th May 7:30pm - 9:30pm

Cost Free

Description Gain support from others who have lost a child.

Knitting & UFP's (unfinished projects)

Date/Time Fridays from 6th May 10am - 12pm

Cost \$3 per person, per session

Multicultural Friendship Group

Date/Time Wednesdays from 4th May 10:30am - 12:30pm

Cost Free

Painting Studio Social Group

Date/Time Thursdays from 5th May 9am - 11am

Cost \$3 per person, per session

Spinning, Weaving & Wool Group

Date/Time 2nd Saturday of each month from 14th May 10am - 2pm

Cost \$5 per person, per session

Stroke Support Group

Date/Time Every 1st & 3rd Tuesday of each month 3rd May 1pm - 3pm

Cost \$3 per person, per session

Walking Group

Date/Time Thursdays from 5th May 9:30am - 10:30am

Cost Free

Chatty Cafe - join us for a chat!

Date/Time Thursdays from 5th May 10:30am to 12 noon

Cost Free

Digital Mentoring

Date/Time Tuesdays, Thursdays 9am to 3:00pm and Fridays 1.00 - 4.30pm - By appointment only.

Cost Free

Poetry of the heart - exploring words of wisdom

Date/Time Every 1st & 3rd Tuesday of each month 3rd May 1pm - 3pm

Cost 1st Friday of each month from 6th May 10am - 11.15am



Reception/Office:
Monday to Friday, 9am to 4.30pm

Enrol Online, in person or phone at:
138 Normanby Street Warragul
56 236 032
www.warragulcommunityhouse.org.au

Ask us about our FREE programs: laptops for loan, assistance with technology, Tax Help program, emergency food relief and bathroom and laundry facilities available for use.

FOLLOW US ON SOCIAL MEDIA

www.warragulcommunityhouse.org.au

Book on-line: Find the course and book at www.warragulcommunityhouse.org.au
Visit: Warragul Community House, 138 Normanby Street, Warragul.

Ph: 56 236 032